

TUNA & OLIVE OIL SALAD

1 CAN TUNA
1 TABLESPOON OLIVE OIL
1 TEASPOON RED WINE VINEGAR
3 CARROTS, SLICED
10 GREEN GRAPES, SLICED
1/8 RED ONION, SLICED
ITALIAN SEASONING
SEA SALT



IN MEDIUM BOWL, MIX OLIVE OIL, VINEGAR, CARROTS, GRAPES, ONIONS, ITALIAN SEASONING AND SEA SALT. SHAKE OR STIR VIGOROUSLY FOR 30 SECONDS. ADD TUNA AND MIX EVENLY. CHILL.

BEST SERVED ON A WHOLE WHEAT TORTILLA WITH PEPPER JACK CHEESE.